



+GMG

London Gay Men's Group

Support | Advice | Friendship

We are a group of gay HIV positive men living in and around London.

Meeting in Soho on Monday evenings, the group provides peer-led discussions and non-judgemental support in a confidential environment, where members are comfortable offering advice and friendship to one another.

We also invite guest speakers, hold regular social events and other activities in and around London.

We look forward to welcoming you to our group, please visit our website for more details.

Remember, you are not alone...

www.gmg.org.uk





London Gay Men's Group

*Helping one another in a good
humoured, non-judgemental
environment.*

We are a friendly and diverse group of HIV positive gay men, with our members living in and around London. Members are of all ages, and include those who have been recently diagnosed, right through to those who have been living with the virus for more than 20 years.

We meet to discuss issues specifically relating to living with HIV such as disclosure, medications, pain management, and dealing with co-infections such as Hep-C. We also talk about broader topics, such as relationships, work-life balance, chem-sex and growing older in a changing gay scene.

Many new members initially come along feeling isolated, having few others to talk to about living with HIV, and find they are not only able to seek advice, but share mutual support and make new friendships at the meetings and social events.

All our meetings are strictly confidential – so you can feel free to relax and express yourself in a good-humoured and non-judgmental environment, with other HIV positive gay men.



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